

Success and Growth

CHRISTY STEPHENS - CHIEF EXECUTIVE OFFICER

From the beginning of Supernova, these two incredible ladies, Theresa Hickle and Danielle Jacobs, believed in me enough to come over and help start our very first home. Together we learned what worked and what didn't work quickly. We laughed a lot along the way. They helped me, helped our individuals and staff to grow to where we are today. They have been integral to our success and growth. Their hard work and loyalty has shown as our individuals have strived to reach their goals and live happy, productive lives with their guidance. I can't thank these ladies enough for taking a chance on me and coming to Supernova, so they could do what they do best and make a difference in the life of another. I am sure Elvis is smiling down on them. IYKYK





Theresa Hickle - Program Manager

1.) You were one of the first employees of Supernova Services in 2019. What was your original role at Supernova and what is your role now?

I joined Supernova Services in 2019 initially as a Direct Support
Professional (DSP). Approximately a year later, I transitioned into a House
Manager role, and then about four years after that I became a Program
Manager.

2.) How has your experience been at Supernova these past six years?
What have you learned, and what are you looking forward to?

My six years at Supernova have been incredible. I've experienced significant personal growth and gained immense confidence. When Christy first approached me about applying for the House Manager position. I lacked confidence and truly believed I couldn't do it. However, she encouraged me and instilled that confidence in me. Four years later, she again asked me to consider applying for Program Manager, and again. I thought she was crazy and that it was impossible. It's truly amazing to work somewhere where someone has such faith in you, even when you don't have it in yourself. This has undoubtedly been the best experience at Supernova. I've learned that you can achieve anything you set your mind to, as long as you have the necessary support, and Supernova definitely provides that support for success.

3.) What has been the most rewarding aspect of your job?

The most rewarding aspect of my job is, first and foremost, the relationships I've built with our clients. While many say this is a rewarding job, it genuinely is for me. I've also formed close friendships with many of my colleagues. In 2021, I went through the hardest period of my life, and both the clients and staff truly helped me through it, and continue to do so. Even on your worst days, you still find reasons to smile here.

4.) What has been your favorite memory to date working at Supernova?

I have too many favorite memories to pick just one. I love my job!









Danielle Jacobs - Direct Support Professional

1.) You were one of the first employees of Supernova Services in 2019. What made you decide to work at Supernova?

I knew Christy from working with clients that we had in common. Christy said she was going to start her own company and asked if I would like to join as a DSP. I was excited for the opportunity.

2.) How has your experience been at Supernova these past six years?
What have you learned and what are you looking forward to?

I have learned to have more patience, become more resilient and have better problem-solving skills. I look forward to learning more skills to assist our clients.

3.) What has been the most rewarding aspect of your job?

Making a difference in the lives of the clients and them making one in mine.

4.) What has been your favorite memory working at Supernova?

I have many favorite memories working at Supernova, but I would say my favorite is when the first house opened with our first client. It was an exciting time!











Happy Anniversary to our Supernova Employees!

THANK YOU FOR CONTINUING TO SHINE BRIGHT WITH US!

THERESA HICKLE

DANIELLE JACOBS

DYLAN POWELL

DOMINIQUE JOHNSON

LISA PALMER

DARIEN BAUST

LUANN WELSH

MICHAEL SMITH

SEPT. 2ND, 2019

SEPT. 2ND, 2019

SEPT. 7TH, 2021

SEPT. 11TH, 2023

SEPT. 16TH, 2021

SEPT. 26TH, 2022

SEPT. 27TH, 2024

SEPT. 29TH, 2022



Meet Our New Supernova Staff!



Samantha Cregut DSP

1.) What do you like to do in your spare time?

Hanging out with my 3-year-old daughter!

2.) What is your favorite movie?

Halloween

3.) If you could visit any place in the world, where would it be?

Italy



Kevin Stromberg

Employment Specialist

1.) What do you like to do in your spare time?

Golf, gardening and spending time with family!

2.) What is your favorite movie?

Jason Bourne

3.) If you could visit any place in the world, where would it be?

Sweden and Tahiti



Allison Watson

Employment Specialist

1.) What do you like to do in your spare time?

Spend time with family, hunting and going to stepson's football games.

2.) What is your favorite movie?

A Walk to Remember

3.) If you could visit any place in the world, where would it be?

Paris!

WE ARE HIRING FULL/PART-TIME DSP'S \$18.50
HOURLY. REFER FAMILY/FRIENDS FOR A ONE-TIME
REFERRAL BONUS OF \$100 *NEW STAFF MUST WORK
3 MONTHS IN ORDER TO RECEIVE BONUS*





Mental Health Awareness



AMY STROMBERG - HUMAN RESOURCES DIRECTOR

Did you know that over 25% of adults in the United States are estimated to be affected by a diagnosable mental illness every year, and that 45% of these diagnoseable adults may be suffering from two or more mental health disorders? With numbers like these, it is imperative that we continue to spread awareness and to let each person know of the help available.

October is filled with a focus on mental health education and depression awareness. The entire month is filled with sharing information and awareness of screenings and prevention, as the following is observed throughout October:

- National Depression and Mental Health Screening
 Month
- Health Literacy Month
- ADHD Awareness Month
- Bullying Prevention Month

Observed focus weeks throughout October are:

- Mental Illness Awareness Week (First week of October)
- OCD Awareness Week (Second week of October)
- National Health Education Week (Third week of October)

Observed focus days include:

- National Depression Screening Day (October 10)
- World Mental Health Day (October 10)

Flu/COVID Vaccines

The Flu/Covid vaccine clinic has been rescheduled. The new date is Wednesday, October 8th at 10:00am in the Supernova conference room.













HEATHER MILLER - DIRECTOR OF BEHAVIOR SUPPORTS

Behavioral support is an integral part of our clients' lives. As we continue to encourage community integration, new friendships are forming and continue to grow. Our department is delighted to share some memorable moments from this month.











BRITTNI HODINKO - DIRECTOR OF PROGRAMMING

In September, we had the wonderful opportunity to celebrate our Direct Support Professionals. It was a fantastic week filled with many engaging activities, and we deeply appreciate everyone who joined us. We are truly fortunate to have such a dedicated and wonderful group of Direct Support Professionals to celebrate.

Some of our Residential individuals also have exciting updates! R.S. was recently hired at Shop 'n Save—we are so proud of her! Please congratulate her the next time you see her. Additionally, S.E.M. made the Orange Team for Special Olympics Cheer. Good work, SEM!

We are also excited to announce that we will be joining
Texas Roadhouse for the third year in a row for Trunk or
Treat on Wednesday, October 22nd, from 5-7 PM! We
"ARRRR" very excited about our theme this year—can you
guess what it is? Please stop by and say hello!











Residential Updates (contd.)













Staff Updates (**)

BRITTNI HODINKO - DIRECTOR OF PROGRAMMING

We recently had the opportunity to get professional pictures taken of our management and administrative staff. It was a great experience, and we all enjoyed dressing up for the occasion! These new photos will be updated across our platforms shortly.

As we transition from a great summer, we are looking forward to the fall season and all the fun and excitement that comes with it. We're eager to share upcoming events with you! Keep your eyes peeled!











Birthday Celebrations

MICHELE GRANDE - PROGRAM SPECIALIST/RECREATIONAL THERAPIST

This month we had double the fun celebrating birthdays! We kicked things off with A.C.'s special day, marked by a lively Bingo Party where everyone enjoyed mingling and staying laser-focused on the game. A.C. has celebrated many birthdays with us, but she said this one was her favorite! We also celebrated T.O.'s birthday with a delicious lunch at Olive Garden, topped off with the perfect Hello Kitty birthday cake. Happy Birthday, A.C. & T.O.!











Meals on Wheels

MICHELE GRANDE - PROGRAM SPECIALIST/RECREATIONAL THERAPIST

K.R. has been volunteering with Meals on Wheels for almost a year! She helps package meals each week, showing responsibility and dedication by arriving twice a week at 8am with a smile on her face. Recently, A.C. joined in as well and has already found joy in helping others through this program. K.H. also gives her time to Meals on Wheels, delivering meals directly to the homes of those in need. We are so proud of K.R., A.C., and K.H. for their commitment to serving the community. Thank you for helping make a difference in the community!











Walking Club

MICHELE GRANDE - PROGRAM SPECIALIST/RECREATIONAL THERAPIST

Our Walking Club continues to be a favorite activity for clients! Walking the dogs is always a highlight and something everyone looks forward to each week. We were joined by Melissa Hitchman and her gentle giant, Axel, the 200+ lb Great Dane who happily trades pets for treats. K.H. and D.B. hit a huge milestone by walking two full miles around Peters Lake! The trail is rough and longer than usual, so this was an exciting accomplishment. Cappi was there to cheer them on every step of the way. As fall approaches, we're excited for cooler weather walks and plan to keep going as long as we can!





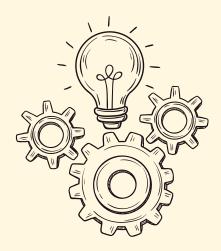








A reminder to all staff to please keep monitoring your Relias accounts for upcoming due dates to ensure that we are in compliance with the 6400 Regulations, for we must acquire 24 hours of training each year. Thank you all for being amazing as always!



Want your ideas featured in the Supernova Newsletter?

Please contact Amy Stromberg, HR Director, for more info!

amystromberg@supernovaservices.org

