



THE STELLAR GAZETTE

JULY 2025 • VOL. 19



Heart-Healthy Summer

This July, focus on a heart-healthy summer by embracing habits that support your cardiovascular well-being!

- Stay hydrated by drinking plenty of water, which helps regulate body temperature and supports heart function, while avoiding excessive alcohol and caffeine.
- Opt for a diet rich in fresh, nutrient-dense foods like fruits, vegetables, lean proteins, and healthy fats to nourish your heart.
- Protect yourself from the sun with broad-spectrum sunscreen, seeking shade, and wearing protective clothing to prevent dehydration and added stress on your cardiovascular system.
- Listen to your body, especially in the heat, and pay attention to signs of fatigue or dizziness.
- Finally, regular check-ins with your doctor can help monitor your heart health and provide personalized advice for staying healthy all summer long. Enjoy the season safely with these heart-healthy tips!



AARON WRUBLESKI - DIRECTOR OF EMPLOYMENT SERVICES

Employment Services have been my passion for over a decade. The positive benefits from helping someone who has historically not had a chance to fully integrate themselves into their community is what drives us. We do not simply look to find people "jobs", we spend the time with individuals while completing a variety of job tasks. We match the individual interests with their skills, making for long term matches and providing opportunities for our individuals to become involved in their local communities.

By starting out in our Training Program, we are able to provide opportunities for our individuals to try out different types of jobs at different types of employers. As the individual becomes more comfortable, it gives us a look into what might be their preferred activities for long-term employment. Once individuals are fully trained, we can then begin negotiating tasks with employers, giving the individual a position that they truly enjoy.

In April of this year, Supernova Services began offering Employment Services to individuals in Washington, Allegheny and surrounding counties. Due to our unique philosophy and the way we view employment as a piece in the inclusion puzzle, our Program is growing rapidly.

Our Small Group Employment Program currently serves 20 individuals working on contracts at community sites such as the Mon Valley YMCA, City of Washington, Washington Fire Academy, Washington Christian Outreach, Charleroi Borough and many more! Giving individuals an opportunity to not only fine-tune their work skills, but to navigate interpersonal relationships with co-workers, members of the community and others. By earning a paycheck for their work, doors open for individuals to become more involved in their local communities.

Our Supported Employment Program currently serves 11 individuals who have been hired by local companies such as Hungry Joses, Cicco Bicello, Washington Park, Grande Italian Restaurant and more. These individuals have worked through the Small Group Employment Program, learned and mastered the skills and have shown interest in Community Employment.

Our vision for Employment is to provide our individuals the highest quality of service and support, customized to each individual to help them reach and maintain their goals for a career.

We would like to welcome the Community Employment Team to the Supernova Family, and look forward to hearing the stories of the untold number of lives they'll change.

Meet Our Team!

Chad Taylor - Coordinator of Employment Services

Carlyn Hatfield - Quality Manager

Tara Whiteman - Assistant Coordinator of Employment Services

Courtney Bisceglia - Employment Specialist

Isaac Clutter - Employment Specialist

Sara Henderson - Employment Specialist

Sam Lombardo - Employment Specialist

"Buddy" McMurdy - Employment Specialist

Jean Oliverio - Employment Specialist

Ed Stump - Employment Specialist

Tammy Varner - Employment Specialist

Kailah Whiteman - Employment Specialist



SUPERNOVA SERVICES

A vibrant summer-themed illustration for a pool party. The background is a light blue water pattern. On the left, a wooden deck features a large green monstera leaf, a pair of blue flip-flops, and a pair of red sunglasses. A green inflatable ring is also on the deck. On the right, a colorful rainbow inflatable ring is visible. At the bottom, there's a pink flamingo inflatable ring, a slice of watermelon, and a hamburger. The text 'Supernova POOL PARTY PICNIC' is prominently displayed in the center. Below it, the date and time '31 | JULY 5-8PM' and the day 'THURSDAY' are listed. The location 'LIONS CLUB PAVILION WASHINGTON PARK' and the contact information 'RSUP TO BRITTNI OR MICHELE' are at the bottom.

Supernova POOL PARTY PICNIC

31 | JULY
5-8PM

THURSDAY

**LIONS CLUB PAVILION
WASHINGTON PARK**

RSUP TO BRITTNI OR MICHELE



**SUPERNOVA
WILD THINGS
NIGHT**

**TUESDAY,
AUGUST 5TH**

FOOD - 5:45PM

FIRST PITCH - 7:05PM

WILD THINGS

VS

THUNDERBOLTS

**RSVP to Brittini or Michele
by July 21st**



Happy Anniversary to our Supernova Employees!

THANK YOU FOR CONTINUING TO SHINE BRIGHT WITH US!

AIRALYN LOPEZ

JUNE 3RD, 2024

TERALYN PHILLIPS

JUNE 5TH, 2024

BILLY ROOD

JUNE 15TH, 2023

KARA HARRIS

JUNE 18TH, 2024

BILL JOHNSON

JUNE 22ND, 2022



SUPERNOVA SERVICES

Meet Our New Supernova Staff!



Faith Menzer
DSP

1.) What do you like to do in your spare time?

Read and write poetry!

2.) What is your favorite movie?

Twilight

3.) If you could visit any place in the world, where would it be?

Puerto Rico



Brookelyn Howard
DSP

1.) What do you like to do in your spare time?

I like to go biking and hiking!

2.) What is your favorite movie?

The Meg

3.) If you could visit any place in the world, where would it be?

Aruba!



Unique Levy
DSP

1.) What do you like to do in your spare time?

Spend time with my daughter and be outside. I like to walk and river float at Cedar Creek; I love the summertime!

2.) What is your favorite movie?

The Princess and the Frog

3.) If you could visit any place in the world, where would it be?

Africa!

**WE ARE HIRING FULL/PART-TIME DSP'S \$18.50
HOURLY. REFER FAMILY/FRIENDS FOR A ONE-TIME
REFERRAL BONUS OF \$100 *NEW STAFF MUST WORK
3 MONTHS IN ORDER TO RECEIVE BONUS***



SUPERNOVA SERVICES

In Loving Memory of E.A.

BRITTNI HODINKO - DIRECTOR OF PROGRAMMING

We are deeply saddened by the passing of our beloved resident, whose warmth and gentle spirit touched everyone around him. He was truly one of a kind—always smiling, always kind, and endlessly sweet. His joy for the little things in life, like singing his favorite songs and feeding peanuts to the squirrels, brought happiness to all who knew him. His laughter, love for music, and quiet compassion made our days brighter, and his presence will be deeply missed. Thank you to Lisa Palmer, Royleen Williams, Skyler Patterson, and Jaleesa Wade for being such wonderful staff to E.A. for all these years; Though he is no longer with us, his memory will forever live in our hearts.



Spring Into Supernova

BRITTNI HODINKO - DIRECTOR OF PROGRAMMING

Our first open house event, "Spring into Supernova," was a huge success! We sincerely thank all of our wonderful staff who helped to make the event so special; It was great to see everyone come together and contribute to such a positive experience for our community. We truly appreciate your hard work and dedication, and we are already looking forward to future events that we are planning. So, please keep your eyes peeled for those announcements!

We would like to give a HUGE thank you to the following amazing local businesses who helped make our Open House a success!

- Texas Roadhouse
- Pretzels Plus
- Jose's
- Grande Italian Restaurant
- Cappelli's Beer and Pop Warehouse
- Washington Park
- Uptown Nutrition
- Above and Beyond
- Main Street Brewhouse
- Alexandra Ann Marie
- Julian's Catering and Banquet Facility
- Coolie Skoolie Ice Cream Truck
- Early Bird Coffee Truck
- RMC Rentals
- Dean's Water



SUPERNOVA SERVICES

Spring Into Supernova (contd.)

BRITTNI HODINKO - DIRECTOR OF PROGRAMMING



SUPERNOVA SERVICES

Spring Into Supernova (contd.)

BRITTNI HODINKO - DIRECTOR OF PROGRAMMING



Shining a Light on R.F.

1.) What 3 words would you use to describe yourself?

Kind, Funny, Active!

2.) What is the best surprise you have ever received?

Tickets to the Luke Bryan concert for my birthday!

3.) What is your favorite way to spend a weekend?

I like to go exercising, play sports – especially soccer and miniature golf!

4.) What goal are you working toward right now?

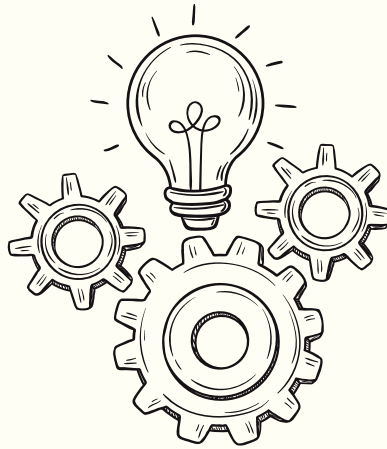
I am working on exercising more by going to the Wellness Center and walking the trail at the park.



SUPERNOVA SERVICES



A reminder to all staff to please keep monitoring your Relias accounts for upcoming due dates to ensure that we are in compliance with the 6400 Regulations, for we must acquire 24 hours of training each year. Thank you all for being amazing as always!



Want your ideas featured in the Supernova Newsletter?

Please contact Amy Stromberg, HR Director,
for more info!

amystromberg@supernovaservices.org

