



THE STELLAR GAZETTE

SEPTEMBER 2026 • VOL. 33

August at Supernova Services

*BRITTNI HODINKO - DIRECTOR OF
PROGRAMMING*

August was a month filled with courage, connection, and plenty of fun! Some of our residential individuals got to perform at the Wild Things game, alongside the Washington/Greene Special Olympics Cheerleaders, and had a fantastic time showing our support. We also stepped outside of our comfort zones and worked through some fears by participating in the ARC of Washington talent show—and we absolutely rocked it! It was wonderful to see everyone build confidence, try something new, and celebrate their talents.

We also welcomed some new friends to our Residential Cooking Class, where we continue to learn, laugh, and enjoy creating delicious meals together. As summer begins to wind down, we've been soaking up every last bit of sunshine by getting outside and enjoying all that the season has to offer. We are looking forward to September and are especially excited to celebrate DSP Week! We have lots of fun planned to recognize and appreciate the amazing Direct Support Professionals who make such a difference every day. Be sure to check out the DSP Week flyer attached to this newsletter for all the details. Here's to ending summer on a high note and celebrating the incredible people who make our community so special!



August at Supernova Services (contd.)



DSP

APPRECIATION WEEK

SEPTEMBER 13-19

Thank
You

Your dedication
makes a world
of difference!

SUNDAY
13



PIZZA DAY

at the houses,
enjoy a slice, on us!

MONDAY
14



EARLY BIRD COFFEE

7AM-10AM at the office
come have breakfast
and a coffee!

TUESDAY
15



GIFT BAGS!

WEDNESDAY
16



SURPRISE DAY!

for a chance for a surprise gift
come to the **Supernova** office
from 7A-3PM on
Wednesday the 16th!!

THURSDAY
17



SUMMER SQUEEZE LEMONADE
AND PIE A SUPERVISOR

at the office
11-1 PM

FRIDAY
18



ANNUAL STAFF VS INDIVIDUAL
KICK BALL EVENT!!

South Franklin Park - Top Ball Field
1 PM - 3 PM
with COOLIE SKOOLIE ICE CREAM
100 Municipal Road
Washington, PA 15301



Thank you for all you do, every day!

YOU ARE VALUED. YOU ARE APPRECIATED. YOU ARE AMAZING!

Texas Roadhouse Back to School Bash!

AMY STROMBERG - HUMAN RESOURCES
DIRECTOR

Supernova Services was proud to participate at the Texas Roadhouse Back to School Bash on August 18th! Free haircuts and free manicures were provided for school age children, and they enjoyed stopping at the vendor tables for some sweet treats and fun activities! We look forward to participating again next year!



Flu/COVID Vaccines

AMY STROMBERG - HUMAN RESOURCES
DIRECTOR

The flu shot clinic will be held on Thursday, October 8, 2026, beginning at 10:00am in Supernova's downstairs conference room; This is open to clients and all staff!

If staff would like to receive the flu vaccine and/or the COVID vaccine, please call or text Amy Stromberg at **878-212-0005**.



Happy Anniversary to our Supernova Employees!

THANK YOU FOR CONTINUING TO SHINE BRIGHT WITH US!

CHRISTY STEPHENS

AUGUST 1ST, 2019

DAN STEPHENS

AUGUST 1ST, 2019

AMY STROMBERG

AUGUST 7TH, 2023

KATHLEEN LAPINA

AUGUST 11TH, 2025

MICHAEL LYCETT

AUGUST 11TH, 2025

TAYLOR BAUMGARDNER

AUGUST 15TH, 2025

LILLIAN HRITZ

AUGUST 15TH, 2025

SHANNON TECKCHANDANI

AUGUST 15TH, 2022

NASHAIA MCELVY

AUGUST 15TH, 2023

ISAIAH ROBINSON

AUGUST 18TH, 2025

NICOLE JANDRES

AUGUST 25TH, 2023

STAN GRABIAK

AUGUST 25TH, 2024

JENNA WOYTOVICH

AUGUST 29TH, 2025



Meet Our New Supernova Staff!



Ashira McCook

DSP

1.) Do you have any hidden talents or hobbies?

I can play every wood wind instrument!

2.) What is your idea of the perfect day?

A rainy day and a good, relaxing nap!

3.) What is the best concert you've been to?

N/A

**WE ARE HIRING FULL/PART-TIME DSP'S \$18.50
HOURLY. REFER FAMILY/FRIENDS FOR A ONE-
TIME REFERRAL BONUS OF \$100 *NEW STAFF
MUST WORK 3 MONTHS IN ORDER TO RECEIVE
BONUS***

“Fall Into Kindness” Challenge!

*HEATHER MILLER - DIRECTOR OF BEHAVIOR
SUPPORTS*

A September kindness challenge with one small action each week:

- Week 1: Say something kind
- Week 2: Help someone
- Week 3: Include someone
- Week 4: Give yourself encouragement

“Would You Rather?”

- Apple pie 🥧 or pumpkin pie 🍠?
- Hayride 🚗 or nature walk 🌳?
- Sweater 🧶 or hoodie?
- Football 🏈 or movie night 🎬?
- Hot chocolate ☕ or apple cider 🍏?



SUPERNOVA SERVICES

Shining Stars

AMY STROMBERG - HUMAN RESOURCES DIRECTOR

1.) What do you enjoy most about your job?

Thelma: I just love everything about my job! It is the best job I have ever had, and it is very rewarding.

Ethel: I love my clients!

2.) What has been your most memorable moment so far at Supernova?

Thelma: Getting love back from the clients! I loved working with C.R., he was so lovable, and so is A.P.!

3.) What is your favorite way to start the day?

Thelma: Taking care of my animals!

Ethel: I have a cup of coffee and get ready for the day.

4.) How do you like to unwind after work?

Thelma: I do not sit around much – I enjoy cooking and baking!

Ethel: I go straight to bed!



Thelma Hickle
Direct Support
Professional



Ethel Rush
Direct Support
Professional



The Cooking Corner

MICHELE GRANDE-LOPEZ - PROGRAM

SPECIALIST/RECREATIONAL THERAPIST

We're finishing out the summer season strong with fresh Bruschetta! K.H. and W.B. helped us make this delicious app, and now you can enjoy it too!

Ingredients/Seasonings:

Tomatoes
Olive Oil
Balsamic Vinegar
Jarred or fresh garlic
Onion Powder
Basil
Oregano
Italian Seasoning
Fresh Mozzarella
Basi Pesto
Baguette

Instructions:

- 1.) Slice the baguette and drizzle with olive oil.
- 2.) Bake baguette on 350 until golden brown, flipping half way
- 3.) While in the oven, dice the tomatoes into bite size pieces and put into large bowl
- 4.) Add a fair amount of olive oil and a drizzle of balsamic vinegar
- 5.) Add garlic and seasonings to the bowl and mix well
- 6.) Once crostini's have cooled from the oven, spread a thin layer of pesto on, add a slice of cheese and top with the bruschetta mixture.



SUPERNOVA SERVICES

RELIAS

A reminder to all staff to please keep monitoring your Relias accounts for upcoming due dates to ensure that we are in compliance with the 6400 Regulations, for we must acquire 24 hours of training each year. Thank you all for being amazing as always!



Want your ideas featured in the Supernova Newsletter?

Please contact Amy Stromberg, HR Director,
for more info!

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